



Jamestown Area School District

Head Start Breakfast Menu

August-September 2022



Monday	Tuesday	Wednesday	Thursday	Friday
21-Aug	22-Aug	23-Aug	24-Aug	25-Aug
				
28-Aug	29-Aug	30-Aug	31-Aug	1-Sep
Cinnamon Chex Fruit Variety 1% Milk	Blueberry Muffin Apple Slices 1% Milk	Yogurt & Crackers 1/2 Banana 1% Milk	Cinnamon Chex Apple Slices 1% Milk	Blueberry Muffin Apple Slices 1% Milk
4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
No School	Mini Orange Dream Loaf Apple Slices 1% Milk	Cinnamon Chex 100% Juice 1% Milk	Yogurt & Crackers 1/2 Banana 1% Milk	Banana Muffin Apple Slices 1% Milk
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Cinnamon Chex 1/2 Banana 1% Milk	Banana Muffin Apple Slices 1% Milk	Mini Orange Dream Loaf 100% Juice 1% Milk	Cheerios 1/2 Banana 1% Milk	Blueberry Muffin Apple Slices 1% Milk
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
Mini Orange Dream Loaf Apple Slices 1% Milk	Blueberry Muffin Apple Slices 1% Milk	Yogurt & Crackers 1/2 Banana 1% Milk	Cinnamon Chex Apple Slices 1% Milk	Blueberry Muffin Apple Slices 1% Milk
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
Mini Orange Dream Loaf 100% Juice 1% Milk	Blueberry Muffin Apple Slices 1% Milk	Cinnamon Chex 100% Juice 1% Milk	Yogurt & Crackers 1/2 Banana 1% Milk	Banana Muffin Apple Slices 1% Milk

This institution is an equal opportunity provider.

Please Note: This menu meets qualifications per CACFP guidelines.

